



CHECKLIST FOR FAMILIES

The reopening of the activities, scheduled for the 7th of September, involves a series of measures to encourage a safe start of the year, while being aware that zero risk can never be guaranteed, but at the same time that a strong and genuine educational alliance between institutions and families will make possible to reduce the risk of virus transmission. All current control strategies are based on available scientific knowledge and take into account the Report of the National Institute of Health COVID 19 - n. 58/2020, published on 21/08/2020 with the "Operational indications for the management of cases and outbreaks of SARS- CoV-2 in schools and childcare facilities".

To this end, we developed a sort of vademecum that will guide families about to return or make their first entry into schools and nurseries.

What is a checklist for?

A check-list allows to clarify in orderly steps the series of behaviors to be adopted in a complex process, such as COVID procedures/similar symptomologies, within the daily tasks of each family. Its use is the more efficient the more it is based on the maximum collaboration between school/nursery and family, each within its own role, in dealing with new situations and activating all the needed strategies to reduce infection among children.

The good example

We all know that a good example is the first and best educational tool. This is why it is fundamental to adopt prudent and responsible behavior by everyone, in any environment, in order to transmit the message that respecting the rules shared at school and in the family is fundamental for one's own good and for the good of the people we meet. It is much easier for children to understand and live peacefully the requests for mutual attention required by the protocols, when adults also adopt careful and respectful behaviors in different contexts of life.

How we will use the checklists with children

As the main prevention measure, we chose to adopt the organization of stable "bubbles", i.e. limited spaces in which the group of children and adults of reference is constant. Life within a single bubble can thus flow without excess of rigor, almost as it does within the family, while at the same time, in order to respond to the children's own need to use the body as the main instrument of knowledge and expression, it is necessary to train in a playful way to the new good hygienic practices.

These skills will allow them to safely cross the common spaces inside the school, but also to move in a relaxed way in everyday life, in a reality based on social distancing and on the strengthening of cleaning practices. We will play together with them these new forms of prudence and respect, so that these new forms of behavior become spontaneous and full of new meanings. The children will play an active part in the definition and implementation of school signs and will enrich the checklist with observations, drawings and tales.



CHECKLIST 1: GETTING CHILDREN READY FOR SCHOOL

Safety instructions

- Every morning check your child so that there are no signs of illness: sore throat, fever, severe cough, gastrointestinal symptoms. If he or she is not feeling well, he or she cannot go to school/nursery
- If your child has a temperature above 37.5 degrees, he or she cannot go to school/nursery and you must provide timely notice the school/nursery of the absence for health reasons: this will be used to detect any clusters of absences in the same bubble.
- If your child has an increase in body temperature above 37.5 degrees Celsius, or a symptom compatible with COVID-19, you must inform the paediatrician or general practitioner, who will only activate the test procedure in case of suspicion of COVID-19
- If you or your child have had contact with a COVID-19 case, you cannot take him or her to school/nursery and you must inform the school/nursery of this situation. Please follow carefully the quarantine instructions that will be given to you
- Inform the school/nursery on which people to contact in case your child does not feel well when he or she is in school/nursery: names, surnames, mobile or landline phones, work phone, any useful information to speed up the contact. The individuals authorized to accompany and pick up from school/nursery must be listed on the Proxy form that will be given to you at the beginning of the year
- At home, as we do at school/nursery, perform the correct hand washing practices, especially before and after eating, sneezing, coughing and before wearing the mask (for children over 6 years of age). Explain to your child why it is important and make it fun
- Talk to your child, in relation to his or her age and ability to understand, about the main precautions to be taken at school/nursery:
 - wash your hands often
 - stay within your own section with peers who are in the same bubble
- If you are using public transport, explain not to touch your face or put your hands in your mouth before washing and/or disinfecting them thoroughly



- If you provide your child with masks (for children over 6 years of age), make sure that they are recognizable and that he or she has some in stock at school, teaching him or her where and how to put the mask on when it is not necessary, in agreement with the teachers
- Tell in advance your child that there will be different rules at school: mainly the use of spaces reserved for their own group, even in the garden, unlike the greater freedom of movement of the past. Explain to him/her why it is necessary, at this stage, to remain in more strictly circumscribed environments
- Get your child used to throwing away the paper handkerchief carefully after each use, without leaving it on common tables or surfaces
- Teach your child not to drink from the toilet taps
- In everyday life help your child to pay attention to the safety signs and the walkways on the floor: they will be a starting point for play and interesting food for thought together with the group
- Provide the school/nursery with the clothing required to maintain the best level of hygiene (slippers, towel box, etc.): educators/teachers at the beginning of the year meeting will request the kit
- Get your child used to greeting his/her toys or any soft toys that cannot be brought from home into the school. Together with the teachers, you will be able to find a personal item to support your child during his/her stay at school.



CHECKLIST 2: WHAT HAPPENS IN CASE OF COVID-19 SYMPTOMS AT SCHOOL

If a child shows symptoms at school:

The school contact person or other member of the school staff calls the parents. The child is accompanied to wait for his or her parents in a dedicated space and is given a mask if he or she is 6 years old and can stand it. He/she is never left alone; he/she will always be together with a reference adult who will maintain a distance of one meter, wear a surgical mask and will guide the child to respect the respiratory etiquette (coughing and sneezing in the fold of the elbow or in paper handkerchiefs to be placed directly in a bag) and who will offer him/her the possibility to assume appropriate positions for the state of discomfort. The parent, or the person officially authorized to pick the child up from school, must also wear the surgical mask. Parents/legal guardians should contact the pediatrician or the general practitioner for a clinical evaluation of the case.

The pediatrician or GP, in case of suspicion of COVID-19, will promptly request the diagnostic test and notify the Department of Prevention.

If the test is positive, clinical recovery (i.e. the total absence of symptoms) must be awaited before returning to the community. Confirmation of recovery requires two swabs to be taken 24 hours apart. If both swabs are negative, the child can be considered cured, otherwise the isolation continues.

In the event of a pathology other than COVID-19 (negative swab) the child will remain at home until clinically cured, following the instructions of the Pediatrician or GP who will make a certification that the child can return to school because the diagnostic-therapeutic and preventive path for COVID-19 has been followed.